

Science

Health and Growth

- How we grow
- Healthy and unhealthy eating
- Looking after ourselves and others
- Growing and understanding how the body changes over time – the importance of exercise and diet.
- Staying healthy
- Exploring human senses

Social Studies

Family Trees

- Dates and birthdays
- Explore where and when children (and their family members) were born, live and have lived in the past
- Create a chronological family tree

PE:

Invasion Games

- What is fitness and exercise?
- The effects of exercise on our bodies
- How much do we exercise?
- Carrying out surveys on exercise and fitness.

Other subjects taught outside the topic:

- **Numeracy:** Understand properties of shapes and apply this knowledge to classify simple 2D and 3D shapes. Understanding simple addition and subtraction in context.



Art & Design:

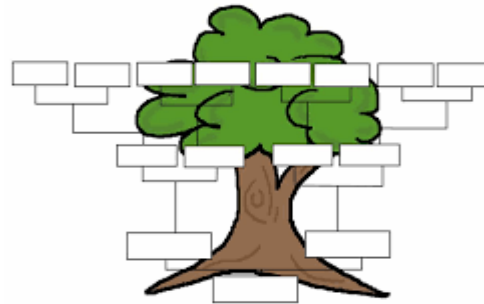
Self Portrait

- Proportion
- Colour & shading

Clay modelling

- 3D clay modelling of a family member

MY FAMILY TREE



Literacy

Stories with Familiar Settings

- Looking at stories set in familiar surroundings, particularly our homes and islands.
- Books about where we are from around the world.

Story Telling:

Peace at Last and other Family Stories

- Re-telling the story with puppets; hot seating; innovating, planning and creating own stories.

Numeracy:

Calendars and Dates:

- Understanding long measures of time, months of the year and days of the week.
- Understand and solve simple place value problems involving dates and ages

Data Handling:

- Surveying when family birthdays happen throughout the year.
- Sort and classify class information into graphs and tables (including height, weight, feet/hand span etc.)

short texts and illustrating using images and photos.

- **PSHE & Mind-Up:** Developing our core practice of Mindfulness. Sharpening our senses.