

Sippy cups were invented for
parents, not for kids.

Avoiding Tongue Thrust



Sippy cups were invented in the 80s simply to keep the floor clean and was never designed for developing oral motor skills.

The next transition from breast and/or bottle is to learn to drink from

- An open cup held by an adult (in order to limit spills)
- a straw cup.



Prolonged use of sippy cups or bottles can cause ...

- A tongue thrust
- An open bite (teeth movement)
- Raised palate
- Speech errors
- Increase risk of allergies

Sippy Cup Options

Try these

Not this

